

## **BE PROACTIVE!**

### **COMMUNITY**

In his book *Resisting Happiness*, Matthew Kelly says, “We all need people to do life with, friends to accompany us on the pilgrimage of life.” Think about your friends. Are they on the pilgrimage with you? Do you have the same goals and motivations for life? Are these the people you can go to with any sort of issue and get honest answers from a godly perspective? Kelly goes on to say, “Our best friends are those people who encourage and challenge us to become the-best-version-of-ourselves.”<sup>1</sup>

Earlier, you listed the names of three people from whom you would seek counsel. Are these the types of people Kelly describes?

In the box below, list the names of the three people (from question #2) along with advantages and disadvantages of seeking counsel from them.

Friends Name	Advantages	Disadvantages

<sup>1</sup> Kelly, Matthew, *Resisting Happiness*, Beacon Publishing, West Palm Beach, FL, (2016), 192.